

The Science Reports of the Kanazawa University, Vol. VII, No.2, pp. 35-39, August, 1961.

## The Law of the Iterated Logarithms

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(Received January 10, 1961)

**1. Introduction.** The purpose of this note is to prove the following

**Theorem.** Let  $f(t)$  be a function satisfying the conditions :  $f(t+1) = f(t)$ ,  $\int_0^1 f(t) dt = 0$ ,  $\int_0^1 f^2(t) dt = 1$  and for some  $a > 0$ ,

$$(1.1) \quad \left[ \int_0^1 (f(t) - S_n(t))^2 dt \right]^{1/2} = O(n^{-a})$$

as  $n \rightarrow +\infty$ , where  $S_n(t)$  denotes the  $n$ -th partial sum of the Fourier series of  $f(t)$ . Then if a sequence of positive integers  $\{n_k\}$  satisfies

$$(1.2) \quad \frac{n_{k+1}}{n_k} \geq 4 \lceil \log^c(k+2) \rceil,$$

where  $c$  is a positive number such that

$$(1.3) \quad 2ac > 1,$$

we have, for almost all  $t$ ,

$$(1.4) \quad \overline{\lim}_{N \rightarrow \infty} \frac{1}{\sqrt{2N \log_2 N}} \sum_{k=1}^N f(n_k t) = 1.$$

In [1] M. Weiss proved that the law of the iterated logarithms holds for a lacunary trigonometric series. However (1.4) does not hold even for the case where  $f(t)$  is a trigonometric polynomial and  $\{n_k\}$  satisfies the Hadamard's gap condition.

**2. Some Lemma.** For simplicity we put

$$(2.1) \quad f(t) \sim \sum_{l=1}^{\infty} c_l \cos 2\pi lt,$$

then we have

$$(2.1') \quad g_k(t) = f(t) - S_{\mu_k}(t) \sim \sum_{l > \mu_k} c_l \cos 2\pi lt$$

where

$$(2.1'') \quad \mu_k = \lceil \log^c(k+2) \rceil.$$

**Lemma 1.** We have, for almost all  $t$ ,

$$\lim_{N \rightarrow \infty} \frac{1}{\sqrt{N}} \sum_{k=1}^N (f(n_k t) - S_{\mu_k}(n_k t)) = 0.$$

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Proof. In the following  $A$  will denote an absolute constant. From (1.2), we have

$$(2.2) \quad \frac{\mu_{k+1} n_{k+1} + 1}{\mu_k^2 n_k} \geq 4 \frac{\mu_{k+1}}{\mu_k} > 4.$$

Hence  $\{S_{\mu_i}(n_k t) - S_{\mu_k}(n_k t)\}$  is a system of orthogonal functions and by (1.1), (1.2) and (1.3), we have

$$\begin{aligned} & \int_0^1 \left[ \sum_{k=1}^{\infty} \frac{1}{\sqrt{k}} \left( S_{\mu_i}(n_k t) - S_{\mu_k}(n_k t) \right) \right]^2 dt \\ & \leq \sum_{k=1}^{\infty} \frac{1}{\sqrt{k}} \int_0^1 (f(t) - S_{\mu_k}(t))^2 dt \leq \sum_{k=1}^{\infty} \frac{A}{k (\log k)^{2\alpha c}} < \infty. \end{aligned}$$

This implies that the series

$$(2.3) \quad \sum_{k=1}^{\infty} \frac{1}{\sqrt{k}} \left( S_{\mu_i}(n_k t) - S_{\mu_k}(n_k t) \right)$$

is the Fourier series of a square integrable function. Therefore by (2.2) and a theorem of A. N. Kolmogorov, the series (2.3) converges almost everywhere in  $t$ . Hence we have, for almost all  $t$ ,

$$(2.4) \quad \lim_{N \rightarrow \infty} \frac{1}{\sqrt{N}} \sum_{k=1}^N \left( S_{\mu_i}(n_k t) - S_{\mu_k}(n_k t) \right) = 0.$$

In the same way we have, for almost all  $t$ ,

$$(2.5) \quad \lim_{N \rightarrow \infty} \frac{1}{\sqrt{N}} \sum_{k=1}^N \left( S_{\mu_i}(n_k t) - S_{\mu_i}(n_k t) \right) = 0.$$

For any integers  $k$  and  $k'$  such that  $2^N \leq k < k' \leq 2^{N+1}$ , we have

$$I(k, k') = \left| \int_0^1 g_k(n_k t) g_{k'}(n_{k'} t) dt \right| = \left| \frac{1}{2} \sum_{i > \mu_i} c_i d_i(k, k') \right|,$$

where

$$d_i(k, k') = \begin{cases} c_i \frac{n_{k'}}{n_k}, & \text{if } n_k \mid n_{k'}, \\ 0, & \text{if otherwise.} \end{cases}$$

Hence we have, by (1.1), (1.2) and (1.3),

$$I(k, k') \leq \frac{1}{2} \left( \sum_{i > \mu_i} c_i^2 \right)^{1/2} \left( \sum_{i > \mu_i} d_i^2(k, k') \right)^{1/2} \leq \frac{A}{N^{6\alpha c} 4^{\alpha(k'-k)}}$$

From the above relation, it follows that for  $2^N \leq m < m' \leq 2^{N+1}$

$$\int_0^1 \left( \sum_{k=m}^{m'} g_k(n_k t) \right)^2 dt = \sum_{k=m}^{m'} \int_0^1 g_k^2(t) dt + 2 \sum_{k=m}^{m'-1} \sum_{k' > k}^{m'} I(k, k') \leq \frac{A(m' - m)}{N^{6\alpha c}}$$

By the well known device of D. Menchoff, we have

$$\int_0^1 \max_{0 \leq m \leq m' \leq 2^{N+1}} \left| \frac{1}{\sqrt{2^N}} \sum_{k=2^N}^m g_k(n_k t) \right|^2 dt \leq \frac{AN^2}{N^{6\alpha c}}$$

Since  $2\alpha c > 1$ , we have

$$\sum_N^J \int_0^1 \max_{2^N \leq m \leq 2^{N+1}} \left( \frac{1}{\sqrt{2^{-N}}} \sum_{k=2^N}^m g_k(n_k t) \right)^2 dt < \infty,$$

and this implies, for almost all  $t$ ,

$$\lim_{N \rightarrow \infty} \max_{2^N \leq m \leq 2^{N+1}} \frac{1}{\sqrt{2^{-N}}} \sum_{k=2^N}^m g_k(n_k t) = 0.$$

Hence we have, for almost all  $t$ ,

$$(2.6) \quad \lim_{N \rightarrow \infty} \frac{1}{\sqrt{N}} \sum_{k=1}^N g_k(n_k t) = 0.$$

(2.4), (2.5) and (2.6) prove the lemma.

**3. Fundamental Inequalities.** we put, for  $k=1, 2, \dots$ ,

$$b_k^2 = \int_0^1 S_{\mu_k}^2(n_k t) dt \quad \text{and} \quad B_k^2 = \sum_{j=1}^k b_j^2.$$

Then we have, for all  $k \leq N$ ,

$$(3.1) \quad |S_{\mu_k}(n_k t)| \leq \sum_{l=1}^{\mu_k} |c_l| \leq (2b_k^2 \mu_k)^{1/2} \leq (2\mu_N)^{1/2}.$$

**Lemma 2.** Let  $\lambda$  be a positive number and  $I$  be any interval in  $[0, 1]$  such that

$$(3.2) \quad (2\mu_N)^{1/2} \lambda \leq \frac{1}{3},$$

$$(3.2') \quad |I| > \frac{2}{n_1},$$

then, for any interval  $I$  contained in  $[0, 1]$ , we have

$$(3.3) \quad \frac{|I|}{2} \exp\left(\frac{\lambda^2 B_N^2}{2} (1-\eta)\right) \leq \int_I \exp\left(\lambda \sum_{k=1}^N S_{\mu_k}(n_k t)\right) dt \\ \leq \frac{3}{2} |I| \exp\left(\frac{\lambda^2 B_N^2}{2} (1+\eta)\right),$$

where  $\eta$  is a constant satisfying

$$(3.4) \quad 0 \leq \eta \leq 12 \lambda \eta_N^{3/2}.$$

Proof. The proof is based on the inequality :

$$\left| \log \left( 1+z+\frac{1}{2}z^2 \right) -z \right| \leq 2 |z|^3, \quad \text{for } |z| < 1/3.$$

We have, by (3.1), (3.2) and the above inequality,

$$(3.5) \quad \exp(\lambda S_{\mu_k}(n_k t)) = (1+\lambda S_{\mu_k}(n_k t) + \frac{\lambda^2}{2} S_{\mu_k}^2(n_k t)) e^{Q_k(t)},$$

and, by (3.1),

$$(3.5') \quad \sum_{k=1}^N |Q_k(t)| \leq 2 \sum_{k=1}^N |\lambda S_{\mu_k}(n_k t)|^3 \leq \lambda^2 B_N^2 (2^{5/2} \lambda \mu_N^{3/2}).$$

Now if we write

$$(3.6) \quad 1 + \lambda S_{\mu_k}(n_k t) + \frac{1}{2} \lambda^2 S_{\mu_k}^2(n_k t) = \left(1 + \frac{\lambda^2 b_{\mu_k}^2}{2}\right) + T_k(t),$$

then  $T_k(t)$  is the sum of non-constant terms and we have

$$(3.6') \quad T_k(t) = \sum_{l=1}^{2\mu_k} d_l^{(k)} \cos 2\pi l n_k t,$$

and, by (3.2),

$$(3.6'') \quad \begin{aligned} \sum_{l=1}^{2\mu_k} |d_l^{(k)}| &\leq \lambda \sum_{l=1}^{\mu_k} |c_l| + \frac{\lambda^2}{2} \left( \sum_{l=1}^{\mu_k} |c_l| \right)^2 \\ &\leq \sqrt{2\mu_k} \lambda + \frac{1}{2} (\sqrt{2\mu_k} \lambda)^2 \leq \frac{1}{3} + \frac{1}{18} = \frac{7}{18}. \end{aligned}$$

Putting

$$(3.7) \quad P_N(t) = \prod_{k=1}^N \left(1 + \frac{\lambda^2 b_k^2}{2} + T_k(t)\right),$$

it is seen that

$$(3.7') \quad \begin{aligned} P_N(t) &= \prod_{k=1}^N \left(1 + \frac{\lambda^2 b_N^2}{2}\right) \\ &+ \sum_{k=2}^N \left\{ \prod_{N \geq j > k} \left(1 + \frac{\lambda^2 b_j^2}{2}\right) \right\} T_k(t) \left\{ \prod_{j < k} \left(1 + \frac{\lambda^2 b_j^2}{2} + T_j(t)\right) \right\} + \prod_{j=2}^N \left(1 + \frac{\lambda^2 b_j^2}{2}\right) T_1(t). \end{aligned}$$

Since (1.2) implies  $n_k - 2 \sum_{j=1}^{k-1} \mu_j n_j > n_k/3$ , we have

$$(3.8) \quad \left| \int_I \prod_{j=1}^k \cos 2\pi l_j n_j t \, dt \right| \leq \frac{6}{n_k} \leq \frac{1}{n_1 4^{k-1}},$$

where  $0 \leq l_j \leq 2\mu_j$  for  $j < k$  and  $1 \leq l_k$ .

Therefore if we put

$$\int_I P_N(t) dt = |I| \prod_{k=1}^N \left(1 + \frac{\lambda^2 b_k^2}{2}\right) + R_N,$$

we have, by (3.7'), (3.8), (3.6'') and (3.2')

$$\begin{aligned} |R_N| &\leq \prod_{k=1}^N \left(1 + \frac{\lambda^2 b_k^2}{2}\right) \left\{ \sum_{k=2}^N \left| \int_I T_k(t) \prod_{j < k} \left(1 + \frac{\lambda^2 b_j^2}{2} + T_j(t)\right) dt \right| \right. \\ &\quad \left. + \left| \int_I T_1(t) dt \right| \right\} \\ &\leq \frac{1}{n_1} \prod_{k=1}^N \left(1 + \frac{\lambda^2 b_k^2}{2}\right) \left\{ \sum_{k=2}^N \frac{\sum_{l=1}^{2\mu_k} |d_l^{(k)}|}{4^{k-1}} \prod_{j=1}^{k-1} \left(1 + \frac{\lambda^2 b_j^2}{2} + \sum_{l=1}^{2\mu_j} |d_l^{(j)}|\right) \right. \\ &\quad \left. + \sum_{l=1}^{2\mu_1} |d_l^{(1)}| \right\} \end{aligned}$$

$$\leq \frac{2}{n_1} \prod_{k=1}^N \left( 1 + \frac{\lambda^2 b_k^2}{2} \right) \frac{7}{18} \left\{ \sum_{k=2}^N \left( \frac{1}{4^{k-1}} \right) \left( \frac{51}{36} \right)^{k-1} + \frac{1}{3} \right\} \leq \frac{|I|}{2} \prod_{k=1}^N \left( 1 + \frac{\lambda^2 b_k^2}{2} \right).$$

Hence we have

$$(3.9) \quad \int_I P_N(t) dt \leq \frac{3|I|}{2} \prod_{k=1}^N \left( 1 + \frac{\lambda^2 b_k^2}{2} \right) \leq \frac{3|I|}{2} \exp \left( \frac{\lambda^2 b_N^2}{2} \right)$$

and, by (3.2)

$$(3.9') \quad \int_I P_N(t) dt \geq \frac{|I|}{2} \prod_{k=1}^N \left( 1 + \frac{\lambda^2 b_k^2}{2} \right) \geq \frac{|I|}{2} \exp \left( \sum_{k=1}^N \frac{\lambda^2 b_k^2}{2} - \sum_{k=1}^N \frac{\lambda^4 b_k^4}{4} \right)$$

From (3.5), (3.5'), (3.9) and (3.10) we obtain the second half of (3.3) and from (3.5), (3.5'), (3.9) and (3.10') the first half of (3.3).

This lemma corresponds to the Lemma 1 of [1]. Using this lemma and the fact that

$$B_N^2 - N = O \left( \frac{N}{\mu_N^{2\alpha}} \right) \quad \text{as } N \rightarrow +\infty,$$

we can prove that, in the same way as that of [1],

$$(3.11) \quad \overline{\lim}_{N \rightarrow \infty} \frac{1}{\sqrt{2N \log_2 N}} \sum_{k=1}^N S_{\nu_k} (n_k t) = 1$$

holds for almost all  $t$ . By (3.11) and Lemma 1 we can prove the theorem.

### Reference

- [1] M. Weiss, On the law of the iterated logarithms for lacunary trigonometric series, *Trans. Amer. Math. Soc.*, vol. 91 (1959) pp. 444-469.